

Menu

Breakfast

80 zł

Included in the set



Drink of choice

Tea, coffee, freshly squeezed juices (water served without limit)



Green Starter NAMI

A large plate of seasonal vegetables with vinaigrette, seeds and herbs (e.g. lettuce, tomato, julienne cucumber, celery, sliced avocado, green pepper, kohlrabi, olives, lime, herb oil, herbal powder)

~ 326 kcal • Protein 4.55 g • Carbohydrates 14.76 g • Fat 29.03 g • Fiber 5.15 g



Bread of choice regular / gluten-free

+ **toppings, depending on the day of the week:** whipped butter and hummus / eggplant spread / guacamole

~ 326 kcal • Protein 4.55 g • Carbohydrates 14.76 g • Fat 29.03 g • Fiber 5.15 g

Do wyboru



Polish Breakfast

Homemade cold cuts, in-house smoked trout, cottage cheese with chives, Korycin cheese and 2 fried eggs or scrambled eggs + mini salad

~ 595 kcal • Protein 52.74 g • Carbohydrates 4.5 g • Fat 41.05 g • Fiber 1.03 g



Dutch Baby na słono

Horseradish mousse, poached egg, smoked trout, chili mayonnaise, lemon zest

~ 516 kcal • Protein 31.17 g • Carbohydrates 47.74 g • Fat 22.82 g • Fiber 1.67 g



Dutch Baby – Sweet

Homemade vanilla mousse, fresh seasonal fruit

~ 335 kcal • Protein 14.25 g • Carbohydrates 39.86 g • Fat 14.01 g • Fiber 4.48 g



Turkish Eggs with Homemade Naan Bread

2 poached eggs, yogurt with chili flakes, sliced avocado, herb mix, seed mix, clarified butter with spices

~ 577 kcal • Protein 26.66 g • Carbohydrates 46.76 g • Fat 32.24 g • Fiber 2.34 g



Shakshuka with Feta

2 poached eggs and feta or tofu, tomato-pepper base, olive oil, herb and seed mix, olive crumble

~ 306 kcal • Protein 18.38 g • Carbohydrates 15.04 g • Fat 19.78 g • Fiber 4.41 g



Smoothie Bowl

Chia seeds with almond milk, peanut butter, banana, homemade granola, seasonal fruits

~ 589 kcal • Protein 30.05 g • Carbohydrates 57.44 g • Fat 27.12 g • Fiber 11.88 g



Homemade Naan Bread

Roasted root vegetables in homemade miso paste, Greek yogurt, feta

~ 403 kcal • Protein 20.84 g • Carbohydrates 47.11 g • Fat 16.22 g • Fiber 7.11 g